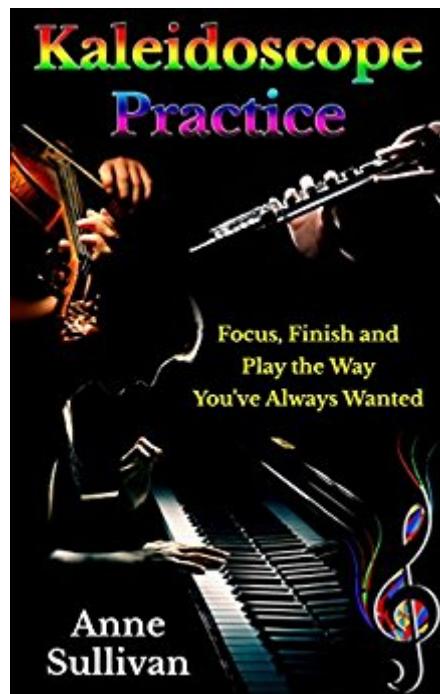


The book was found

# Kaleidoscope Practice: Focus, Finish, And Play The Way You've Always Wanted



## Synopsis

Kaleidoscope Practice: Focus, Finish and Play the Way You've Always Wanted. Have you ever felt stuck in your music practice? You know the feeling, the one where you believe that the music will never get any better. You don't know what to practice; you don't even want to practice any more. Or maybe you just need a new approach, something to put the spark back in your practice and playing. You would like someone to show you how to do better practice in less time, so that you can get on with the rest of your busy life and not feel guilty about it. The Kaleidoscope Practice system is designed to help you solve those practice dilemmas. This revolutionary way to look at music practice frees you from rote learning and mindless repetition. It uses five focus areas to direct your practice to learning the music, not just the notes. Yes, music practice can be musical! And because Kaleidoscope Practice is directed to helping you actually finish your pieces, you will learn more music in less time and with less struggle. Harpist Anne Sullivan has not only developed this system, but she has proven its effectiveness over years of teaching and performing. In two decades of teaching music theory and ear training at the prestigious Curtis Institute of Music, Ms. Sullivan worked with the music world's rising superstars. But in her private studio teaching, she often saw students whose lack of progress and frustration could be directly attributed to poor practice techniques. Students were relying on the repetitive learning habits that they were taught as children. By coaching these students on exactly what to do in their practice sessions and how to focus beyond the notes, they were able to break free from their rote learning and practice their way to confident and musical performances. Kaleidoscope Practice: Focus, Finish and Play the Way You've Always Wanted is a quick read so you can implement the techniques and practice plans immediately. Included are over 50 practice techniques designed to make your practice more effective, focused and enjoyable. No matter what instrument you play, the three practice plans will help you use those techniques to learn music faster, play it more musically and perform more confidently.

## Book Information

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## **Customer Reviews**

This slim volume is packed with practical ideas for the professional and non-professional musician alike. It's a really quick read: nine chapters, five of which give explicit direct instructions on how to use your practice time effectively. You are given "inside tips" from a successful professional musician. You are shown how to improve the musical and technical details of your playing; how to enhance musical expression through use of dynamics, tone, and phrasing techniques; ways to achieve continuity by building stamina, using effective transitions, and proper musical pacing; how to get reliable technical and tempo control; and even how to build better connections with the music itself by creating context for you the musician. The book is engaging and easy to read. It is practical and thought-provoking look at the best way to practice. It takes less than an hour to read, but gives a lifetime's worth of ideas to the reader.

I have been playing the harp for 50+ years. I'm no stranger to the practice room. The author defined and categorized many of my current practice techniques. Better yet, I picked up some concepts and tips that were new to me. This is quick, easy, enjoyable reading. It's well written and organized. I'm not sure I will apply the entire Kaleidoscope system but I will definitely incorporate many of the techniques into my practice sessions. Proof that an old dog can learn new tricks!

Well organized and clearly written. It is quick to read, but implementation will be a different story. I haven't had time to begin implementing yet. Some of the steps are directed at the more advanced player and are of limited value for an advanced beginner such as myself as I am not playing major musical works.

This small book gives a structure for practicing music, to improve in all aspects. Although the artist is a harpist, the information is applicable to any musical instrument. I think that following her guidelines/suggestions will decrease the frustration I feel at the slow progress I am making in learning to play the harp. These will also improve my piano and organ practice.

as an adult beginning harp student i had decided to give it up, because even with diligent practice and good teachers, i was unable to make the kind of progress i had expected. after reading Anne's book, i have decided to hang in there for a while longer because her approach to practicing seems like a breath of fresh air. so far i have found myself to be much more engaged with practicing, and much more involved with the music. i have decided to try her approach for a year and then decide whether to continue.

By far the best writing on practicing that I've ever read. My primary instrument is not the harp, and I feel that the advice applied to me just as much. For less than the price of a lesson, you can have access to this fantastic advice!

This provides a logical, well thought out plan for improving practice of any instrument. I have read it though and will now go back and start implementing the ideas and strategies recommended. I was pleased that I am already doing some of the suggestions but this provides more structure to my practice. Hope my harp teacher will notice improvement!

This book is a well organized guide to effective practice. The chapters are concise and easy to understand. It is a fast read and easy to apply to your practice sessions- whatever your instrument may be.

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